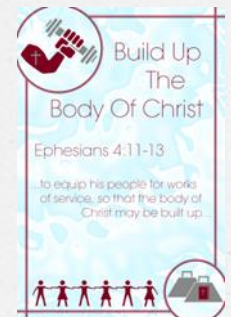


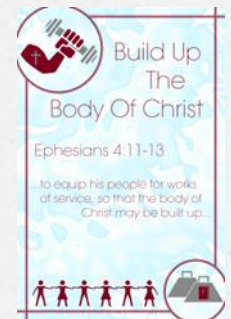
Scripture Reading: Ephesians 4:11-13

**“So Christ himself gave
the apostles, the
prophets, the
evangelists, the
pastors and teachers,**



Scripture Reading: Eph. 4:11-13

“To equip his people for works of service, so that the body of Christ may be built up until we all reach unity in the faith and in the knowledge of the Son of God and become mature, attaining to the whole measure of the fullness of Christ.”



Church Theme 2016



Build Up The Body Of Christ

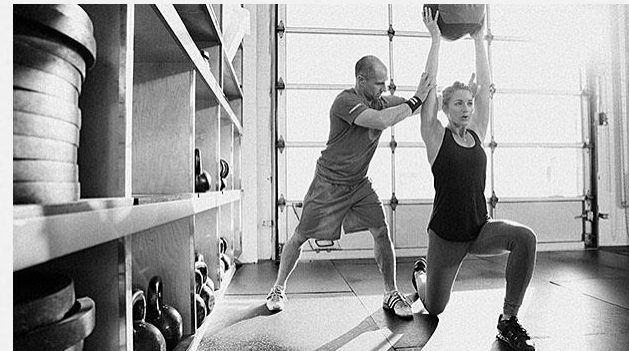
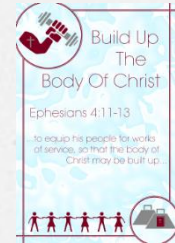
Ephesians 4:11-13

...to equip his people for works
of service, so that the body of
Christ may be built up...



Intro: How do you know if you need a personal trainer?

- o Figure out your needs
- o Find the type of trainer who will maximize your potential
- o Put your trainer to the test

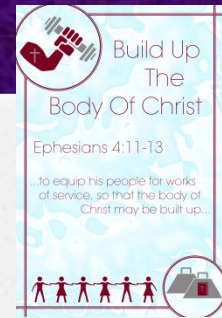


Gatorade 'G' series: Prime. Perform. Recover.



Jesus' 'Body Building' Program:

1. The **primer** , reveal what Jesus did to prepare for the building (vv.7-10).
2. The **People**, Gifted people through which He works (v.11).
3. The **purpose** for His building (vv. 12-16).



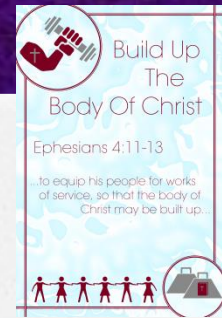
Church Theme and Goal for 2016:

Theme:

**'Build Up the Body
of Christ'**

Goal:

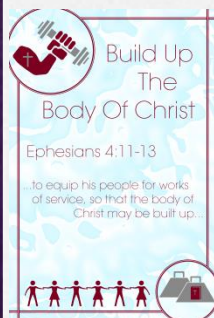
**'Equip the Believers to Walk with Christ
and to Do the work of ministry in order to
build up the Church for future generations'**

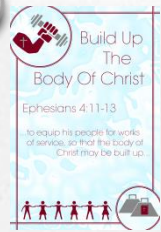


Outline:

I. The People (v. 11).

So Christ himself gave the apostles, the prophets, the evangelists, the pastors and teachers,



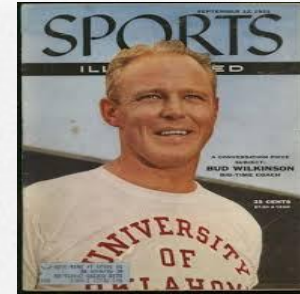


The People (v. 11).

1. apostles,
2. prophets,
3. evangelists,
4. pastors and teachers,

‘built on the foundation of the apostles and prophets, with Christ Jesus himself as the chief cornerstone.’ (Eph. 2:20)

Bud Wilkinson (Football coach)



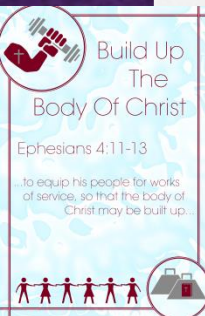
- o “A football game consists of 50,000 spectators, desperately needing exercise – sitting in the bleachers watching 22 men on the field desperately needing rest”



to equip his people for works of service, so that the body of Christ may be built up.

II. The Purpose(v.12).

- o “to equip his people for works of service, so that the body of Christ may be built up”





III. Product (v.13)

- o 'Until we all reach unity in the faith and in the knowledge of the Son of God and become mature, attaining to the whole measure of the fullness of Christ.'
(v.13)



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- o 'Until we all reach unity in the faith and in the knowledge of the Son of God and become mature, attaining to the whole measure of the fullness of Christ.'
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III. Product (v.13)

- o 'Until we all reach unity in the faith and in the knowledge of the Son of God and become mature, attaining to the whole measure of the fullness of Christ.'
(v.13)



IV: Process:

- o “...until we all reach unity in the faith and in the knowledge of the Son of God and become mature, attaining to the whole measure of the fullness of Christ.” (v.13)
- o 1. Training:
- o 2. Equipping:
- o 3. Discipling:

What was Jesus' master plan to reach the world?

o His Mission was to...

- to reveal Himself as God's son come to redeem God's people.
- to offer Himself up as an atoning sacrifice.
- to reach all of God's people with this Gospel.

o His Task was further complicated by...

- self-imposed human limitations (Phil 2:6-8).
- a ministry of only 3.5 years limited to 30 AD technology and communications.

What was Jesus' master plan to reach the world?

o His Goal...

- To establish the church, the body of Christ.
- To reach all of God's elect in every nation.

o His Method was simple...

- First to select, disciple and train 12 ordinary men who will be able to evangelize, disciple and train others in the same task. Then to turn them loose equipped with the Word and the Holy Spirit to disciple the nations.

'Master Plan of Discipleship':

- o 1. Selection
- o 2. Association
- o 3. Consecration
- o 4. Impartation
- o 5. Demonstration
- o 6. Delegation
- o 7. Supervision
- o 8. Reproduction

How to 'support' your spouse in their discipleship growth?

What husbands need to provide for their wives?

- o **Companionship:**
- o **Security:**
- o **Significance:**
- o **Emotional Responsiveness:**

How to 'support' your spouse in their discipleship growth?

What wives need to provide for their husbands:

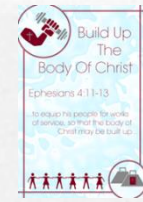
- o A husband needs his wife's admiration.
- o A husband needs his wife's support.
- o A husband needs his wife to support him in his work.
- o A husband needs his wife's support for him in public.
- o A husband needs his wife's support through all the seasons of life.

Conclusion:



Do you treat Jesus like a 'spotter' or 'personal trainer'?





Reflection Questions:

- 1.** As your 'personal trainer', what areas of need does Jesus need to address in your life?
- 2.** What do you think would happen, if you were 'disciplined' for 6 months? OR you were to 'disciple' someone?
- 3.** How can you do a better job of supporting your spouse thru their 'discipleship growth'?